

Questionnaire Drs Duncan Raistrick and Gillian Tober



12 items

Table of ARQ scores for four populations

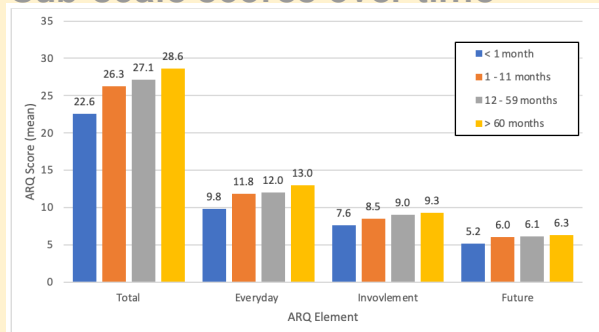
	Treatment n=85	Recovery n=91	Lifetime abstainers n=13	Well-functioning n=116
Total score	17.2 (6.2, 4 – 29)	26.9 (4.5, 16 – 36)	29.9 (4.5, 23 – 36)	26.0 (6.1, 7 – 35)
Sub-scales				
everyday	8.5 (3.3, 2 – 15)	12.0 (2.2, 6 – 15)	12.5 (2.6, 7 – 15)	12.4 (3.0, 4 – 15)
involvement	5.5 (2.6, 0 – 12)	8.9 (2.0, 3 – 12)	10.4 (1.1, 8 – 12)	7.7 (2.2, 1 – 12)
future	3.2 (2.2, 0 – 9)	6.0 (1.9, 2 – 9)	7.1 (1.7, 5 – 9)	5.9 (2.1, 1 – 9)

Values are mean (sd, range)

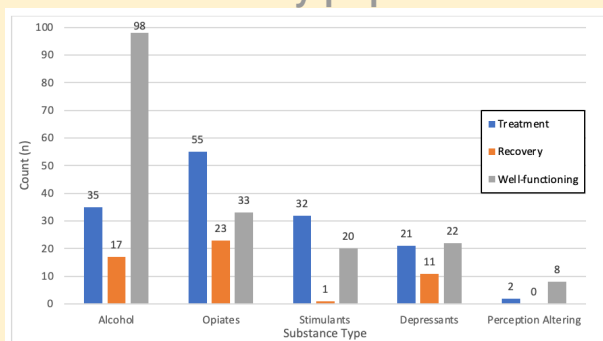
Three sub-scales:

1. everyday activities (5)
2. substance use involvement (4)
3. the future (3)

Sub-scale scores over time



Substance use by population



ARQ items...

Here are some things that people have found important in their recovery. Please answer each question below. Over the last month have you...

- ...had enough money to live reasonably well?
- ...found that you are trusted by important people in your life?
- ...been living in suitable accommodation?
- ...been keeping up with everyday chores and activities?
- ...been involved in criminal activities?
- ...been mixing with people who are problem drinkers or drug users?
- ...been friends with people who do not drink or take drugs?
- ...been abstinent from alcohol and other drugs?
- ...taken medication for your addiction or mental health?
- ...had a positive feeling about the future?
- ...felt generally good about yourself?
- ...had confidence to resist pressure to take drink or take drugs that you do not want?



The full addiction outcomes data set...

Substance Use profile (frequency of use and quantity for alcohol)

ARQ (addiction recovery questionnaire) measures **quality of life**

CORE (clinical outcomes in routine evaluation) measures **psychological well-being**

LDQ (leeds dependence questionnaire) measures **dependence**

The three scales all measure clinically significant change - the gold standard of outcomes

Visit www.result4addiction.net/outcomes for more