

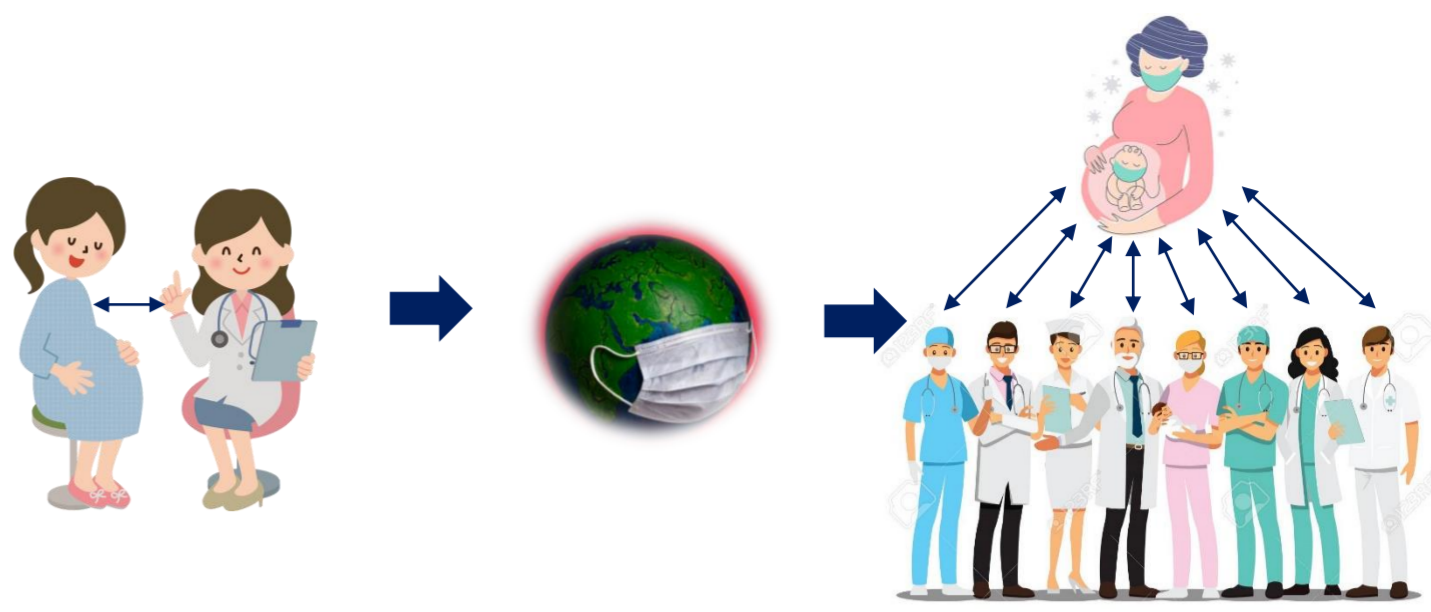
# Implementing PREGNANCY AND CHILDBIRTH Standard Set During the Pandemic



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## Improvement Opportunity:

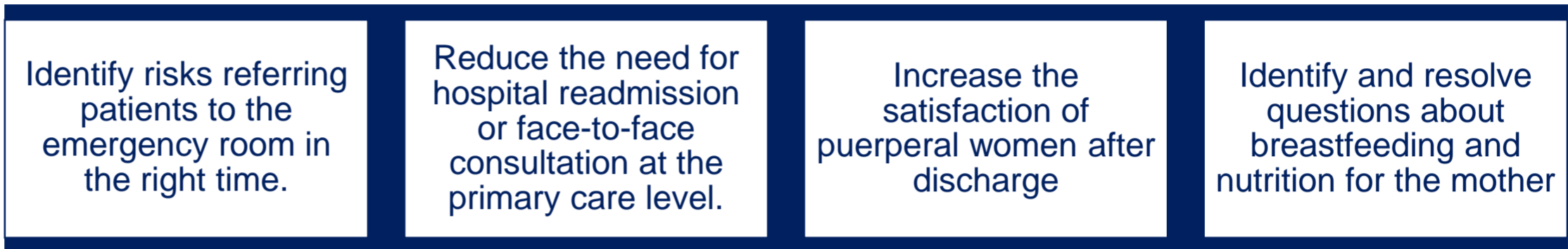
- Pregnancy care, before pandemic, was fragmented and mostly in charge of the gynecologist.
- PROMS were not a priority for measurement.
- During times of pandemic, maternal and newborn care has been at risk care because of the growth of gaps at continuum of care.



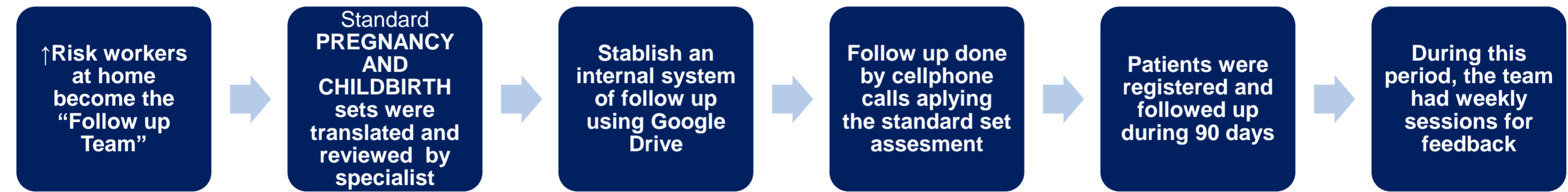
## Why is important to assess interventions for this opportunity?:



Mothers must be involved in her and his baby attention



## How we merge with ICHOMS Pregnancy and childbirth standard sets to close gaps?



A multidisciplinary team was formed to carry out telephone follow-up based on the elements of the standard set of pregnancy and childbirth. The team professionals were nurses, obstetricians, physicians and psychologists during january – august 2021.

The follow-up was carried out at the discharge of the patient, monitoring calls were done to follow up the clinical evolution of the mother and the newborn

## Results:

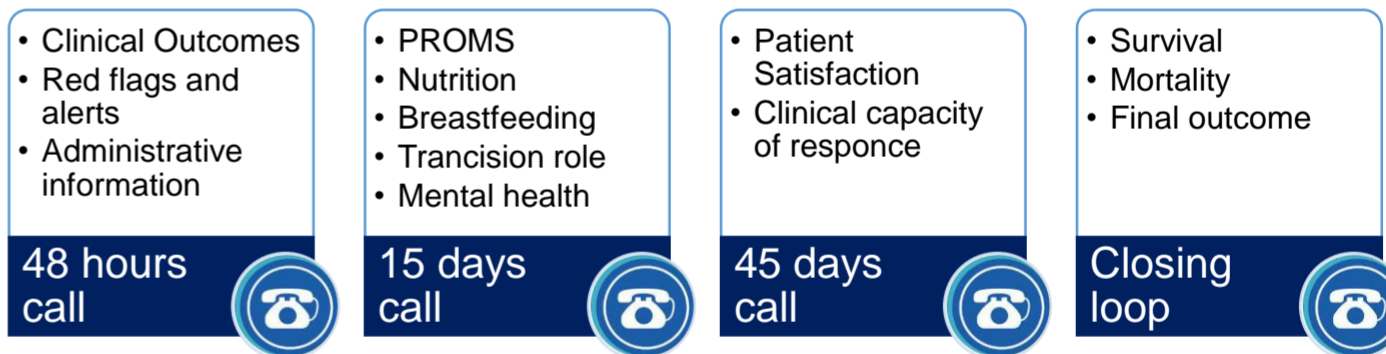
**Patients characteristic**

- 266 women followed
- 57% between 31 – 37 years
- 71% deliveries between 36 – 39 weeks
- 37% natural deliveries

**Outcomes related to continuum of care:**

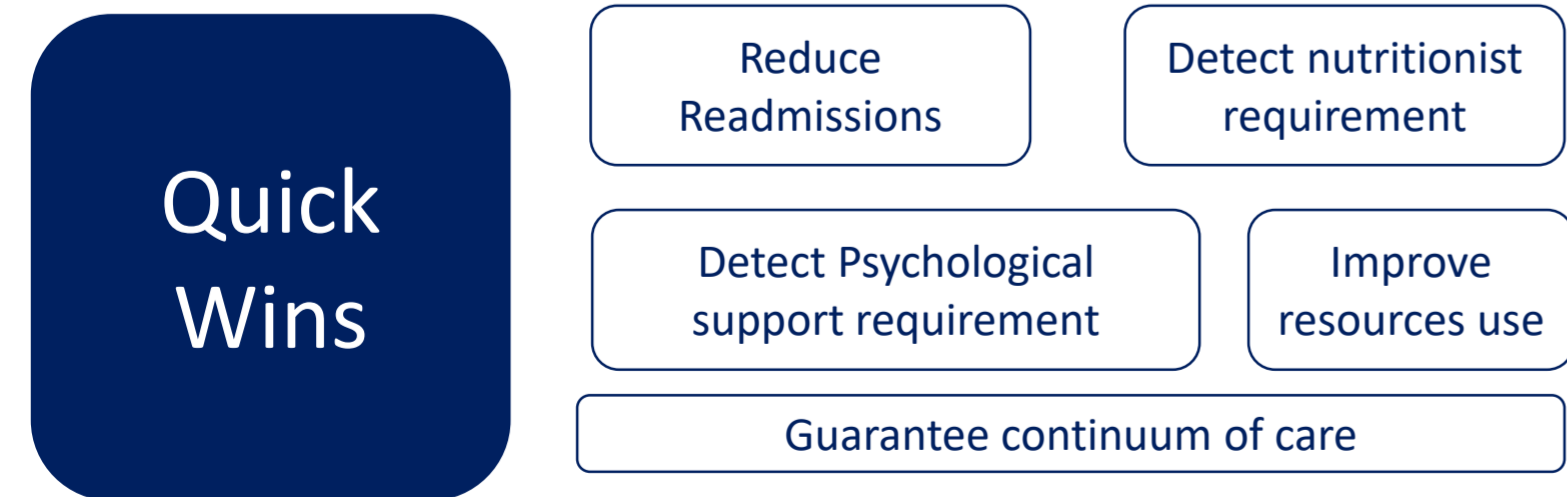
- 1 need for readmission was identified at home
- 21 high risk alerts were appropriately identified in 16 patients
- 67% where satisfied with their delivery
- 84% feel comfort and satisfied with breastfeeding

## ICHOMS Standard Set Implementation:



The standard set was evaluated and distributed during the 4 follow up calls.

The material was translated and locally customized but implemented completely.



## New challenge:

- PRENATAL Workshop to increased delivery satisfaction
- Webinars, communication tools and support for mothers concerns.
- Evidence based information to reduce social and family myths and clinical assesment.

## Conclusions

- The pandemic gave us an opportunity to rediscover ICHOM's Standard Sets as a great tool to guarantee continuum of care
- Patient follow up allows us to be included in patients care, and sharing their transition to their homes, been part of the system in order to identify improvement opportunities

## Ethics Approval

This model was developed as a healthcare program, and it was included as a transition from inpatient care to the next step at their home, no ethical approval was needed.